

# Beverford District Primary School Newsletter

20 School Road  
Beverford 3590  
Ph. 50376622  
email: [beverford.ps@education.vic.gov.au](mailto:beverford.ps@education.vic.gov.au)



**June 7, 2023**  
**Term 2, Week 7**

## What's On at BDPS?


<u>Calendar Term 2, 2023</u>	
Friday June 9	Gr. 3-6 Winter Sports in Swan Hill P-2 Fun Day at Nyah District P.S.
Monday June 12	<b>Kings Birthday Public Holiday</b>
Wednesday June 14	School Council – 7pm
Friday June 16	Divisional Winter Sports
Friday June 23	Term 2 Ends (2.20pm finish) Junior School Council - Pajama Day
<u>Calendar Term 3, 2023</u>	
Monday July 10	Term 3 Begins
Monday July 31	Phil returns from Long Service Leave
Friday August 11	Prep Come & Try Session 1
Tuesday August 15	Principal Forum in Mildura
Thursday August 17	National Day of Action Against Bullying
Friday August 18	Prep Come & Try Session 2
Tuesday August 29	School Athletics Day at Ken Harrison
Friday September 1	Father's Day Breakfast Footy Colours Day (Auskick & Net Set Go clinics)
Monday September 11	Divisional Athletics Carnival
Friday September 15	Term 3 ends (2.20pm finish)

### Transition to Year 7

Our Grade 6 students and Mrs. Blackmore attended their first transition day at Swan Hill College on Thursday May 25.

All the students had a great time and were able to catch up with some of our past students. The students attended an assembly at the start of day, which explained the day and went through the College's values and daily routines for Year 7 students.

Students undertook the famous amazing race around the College, which aims to familiarise the students with the buildings and grounds. Other activities included Science, Music, Drama and Wood Technology.



Mia, Emma & Meg in Wood Technology

**URGENT**

**Lunch Order Volunteers are urgently required each Friday.**  
**Please see Phil for information**

**At this stage there will be no lunches Week 1-3 in Term 3.**



# Principal's Report

## *Busy Times at Beverford*

The Cold and Flu season is upon us, with multiple students away each day. There is also a nasty gastro bug in the area. Thanks to everyone who is following the recommendations from the **Department of Health** concerning COVID-19 around isolating for 5 days and testing if symptoms occur. If you would like a box or two of rapid antigen tests sent home, please contact the school and we can arrange this.

Last week we have celebrated **Reconciliation Week** with students making a whole school art piece with the slogan: We show respect, we share the land, we walk together, hand in hand. Students recorded a Welcome to Country with Auslan.

We have taken quite a few prospective parents around for **school tours**. If you know a family with a Prep student starting in 2024 or a family who is considering a new school at any year level, please let me know and I will invite them to tour the school.

We have a **School Council** meeting next Wednesday June 14 at 7.00pm. Please contact the school if you are an apology for the meeting.

Mrs. Summerhayes and I will be attending the **State Principal Conference** at the Exhibition Centre in Melbourne on Monday June 5. We will be presenting a Workshop at the Conference around leading teaching and wellbeing in a small school setting. It is an honour to be asked to present, and although a little nervous Kristy and I are very keen to tell our story of success at Beverford.

A reminder to send students in correct **school uniform**. It is school policy that students are in uniform each day. A warm jacket on a chilly morning is accepted. If a child is not in correct uniform, we supply them with a spare to wear for the day. Please ensure all jumpers are labelled.

The final day of Term 2 on Friday June 23 ends early at 2.20pm. The Junior School Council are organising some fun activities for the final day including a **Pajama Dress Up Day**. More information will be provided closer to the date.

Pending weather our Senior students will be participating in the **District Winter Sports** on Friday. Junior students will be attending NDPS for a **Junior Fun Day**. We congratulate the following students on their recent awards:

### Junior Student of the Week

W5: Poppy Duffy  
W6: Jack Strugnell

### Middle Student of the Week

W5: Ryan Burney  
W6: Josh Tabone

### Senior Student of the Week

W5: Meg Van Liessum  
W6: Phoenix Moloney

### Maths Awards

W5: Dannika Knee, Angus Whimpress & Zac Whimpress  
W6: Mikayla NG, Rhylee Wall & Lilly Thompson

### Principal Award

W5: Mikayla NG  
W6: Bailee Riordan

Enjoy your Week,  
Thanks, Phil



Week 5 Principal Award – Mikayla NG





Week 6 Student of the Week Winners: Phoenix, Jack & Josh.



Week 5 Students of the Week Award Winners: Poppy, Meg & Ryan



Week 6 Principal Award winner Bailee Riordan



Week 5 Maths Awards: Dannika, Angus & Zac



Week 6 Home Reading Awards: Jack, Charli & Meg



Week 6 Maths Award winners: Rhylee, Lilly & Mikayla



Week 5 Home Reading Awards: Rhett, Knox, Onyx, Poppy, Angus, Mikayla & Ryan



# WELLBEING

with Mrs Blackmore

TERM 2  
WEEK 7

RESPECT

RESPONSIBILITY

RESILIENCE

## SWPBS

This week in wellbeing we are focusing on our School Wide Positive Behaviour Support Value of

RESPECT

On the bus we show RESPECT by...

- Listening to the bus driver and following their instructions
- Using our inside voices

Classroom teachers will be awarding 'Student of The Week' to a student in their class who has shown outstanding RESPECT

## PROBLEM SOLVING AND THE CATASTROPHE SCALE

We have been learning about problem solving and the Catastrophe Scale in Wellbeing this week

Problem-solving skills are an important part of the coping repertoire. Our wellbeing program provides a number of learning activities to develop students' problem-solving skills. The activities in the program assist students to develop their critical and creative thinking skills, and to apply them to scenarios exploring personal, social and ethical dilemmas.


The catastrophe scale is a tool that can be used to help students put things into perspective. We mark down things on the catastrophe scale that would be a 10 (extremely bad) through to a 0 (things that are good). We use the scale as a reference point for when events happen, asking students to locate where that event would be placed on the catastrophe scale. It is a fantastic tool to put things into perspective for students, especially if they're feeling anxious or if they're in the red or yellow zones.

## Catastrophe Scale Poster

### How Would I Rate My Problem?

Even though it will be tough, I will get through this.	9 - 10 Catastrophe	A natural disaster.
		A fire at school.
I feel angry or extremely upset.	8 Huge Problem	A serious medical emergency at school.
I am not coping.	6 - 7 Big Problem	Someone is bullying me.
I need help to solve this.		I'm having a tough time at home.
I will take action and solve this!	4 - 5 Medium Problem	My friend won't play with me.
I need to talk about it.		Someone took my book.
I can solve this myself.	2 - 3 Small Problem	I can't find my pencil.
I can forget about it and move on.		I lost a game.
I'm okay.	0-1 No Problem	I'm doing my work.
I'm happy.		My friends and I are playing nicely.

### How Big is My Problem?

- 5 Emergency**  
 You need help from an adult e.g. fire, someone needs to go to the hospital, danger etc. 
- 4 Gigantic problem**  
 You can change this with a lot of help e.g. someone hurting you, hitting, bullying etc. 
- 3 Medium problem**  
 You can change with some help e.g. having to work with someone you don't like, someone takes something of yours, you have to do something you don't want to do etc. 
- 2 Little problem**  
 You can change with a little reminder e.g. not being first in line, not taking turns, not winning a game etc. 
- 1 Glitch**  
 You can fix this yourself e.g. getting changed for PE, forgetting a favourite toy, cleaning up etc. 





Beverford District  
Primary School

# PREP COME AND TRY

**BOOK YOUR  
PLACE NOW  
50376622**

Friday 11th August 9-11am

Friday 18th August 9-11am



## **Beverford District Primary School "Come & Try" Transition Program**

*Scan the QR code to complete a registration form or  
contact the school for more information*

**50376622**

**0418593730**

20 School Road, Beverford, 3590  
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 **SCAN ME**