

Beverford District Primary School Newsletter

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March 1, 2023
Term 1, Week 1

What's On at BDPS?

Calendar Term 1, 2023	
Monday March 6	Student / Teacher Conferences
Wednesday March 8	Gr. 3-6 Lawn Bowls Clinic (9.15am – 10.45am)
Thursday March 9	3-6 District Summer Sports at Ken Harrison P-2 Fun Day at Son Centre School
Friday March 10	School Photo Payment and Form due
Friday March 10 & 17	Gr. 3-6 Lawn Bowls Clinic (1.15pm – 2.45pm)
Monday March 13	Labour Day Public Holiday
Wednesday March 15	School Council AGM – (7.00pm) School Council Meeting – (7.30pm)
Friday March 17	Gr. 3-6 Lawn Bowls Clinic (1.15pm – 2.45pm)
Monday March 20	School Photos
Wednesday March 22	Gr. 3-6 Lawn Bowls Clinic (9.15am – 10.45am)
Thursday March 23	Gr. 3-6 Lawn Bowls Tournament & Nyah West
Friday March 31	Pupil Free Day – Staff Professional Learning
Thursday April 6	Term 1 Ends (2.20pm finish)
Calendar Term 2, 2023	
Monday April 24	Term 2 begins
Tuesday April 25	ANZAC DAY Public Holiday (school to march)
Tuesday May 2	Interschool Cross Country
Mon May 8 to Thurs May 11	Urban Camp (Gr. 3-6)
Thursday May 25	Performance – Let the Music Move You

Breaky Club

Every Tuesday our Junior School Council, Miss Salau and Mrs Blackmore run Breakfast Club.

It is a wonderful service and a great social event. Students help with the preparation of fruit, cereal and toast.

Last week, fell on Pancake Day with students enjoying yummy pancakes at Breakfast Club.

Yesterday students enjoyed a fruit and toast platter before taking to the fitness track to complete some laps before the bell.

Parents are most welcome to pop in on a Tuesday before school to enjoy a breakfast with their child.



A reminder that all students must have a broad-brimmed school hat and wear it when outside in Term 1.

Principal's Report

Marching into Autumn!

It's hard to believe Autumn has arrived, with the weeks flying by! However, we now get to have our wonderful Prep students here every day with our Wednesday **Prep rest day finishing** last week. Our Prep students got their first taste of Marc Van with Mrs Leahy today and were very excited to get into the van and borrow some awesome books.

The school will be entering cricket and a tee-ball teams into the **District Summer Sports** next Thursday March 9. This will be held at Ken Harrison Reserve for Grade 3-6 students. The P-2 students will be enjoying a **Fun Activities Day** at the Son Centre School on that day also. We will travel to and from the venues with NDPS on Swan Hill Bus Lines busses. Please return permission forms if you have not already done so.

Our **school photos** have been organised to take place on Monday March 20. The photos will be taken by local photographer Jane McLean. Please return your slip to school and organise payment by Friday March 10. Please ensure your child is in correct and clean uniform on this day.

School Council nominations have closed and our new **2023 School Council** has been announced. Congratulations and thank you to the following people who are on the committee this year. Sophie Shadbolt, Mel Caffrey, Loretta Van Liessum, Yvette Thompson, Michelle Thomas, Mariah McIntosh, Kayla Bates, Paul Strugnell, Craig Whimpress, Chloe Wren and Kristy Summerhayes. Our first meeting will be Wednesday March 15, with the Annual General Meeting beginning at 7pm, followed by our normal monthly meeting.

Congratulations to Mrs Blackmore and husband Kris who are expecting their second child in September this year. Mrs Blackmore will take family leave from her Wellbeing Coordinator roll early in Term 3.

It has been wonderful to hear about the **Home Reading routines** that have been developed in the majority of our homes. A big thank you to Danielle Pretty who created a handy tips sheet about home reading. This is an excellent resource. We congratulate the following students on their recent awards:

Maths Award Winners

W3: Ally Bates, Rhylee Wall & Oscar Coates

W4: Knox Smith, Ryan Burney & Emma Van Liessum

Junior Student of the Week

W3: Byron Rodwell

W4: Poppy Duffy

Middle Student of the Week

W3: Indie Clarke

W4: Angus Whimpress

Senior Student of the Week

W3: Tillie Shadbolt

W4: Zac Whimpress

Principal Award

W3: Harley Thomson

W4: Charli Duffy



Week 3 Award Winners: Students of the Week – Tillie, Indie & Byron and Principal's Award – Harley.

Enjoy your Week,
Thanks, Phil



Week 3 Maths Award Winners: Rhylee, Ally & Oscar.

Student Conferences

Student Conferences are on this Monday March 6 and are a great opportunity to discuss how your child has settled into school this year.

All students will develop an **Individual Education Plan (IEP)** at the conference, which include the setting of goals and the construction of strategies to help meet these goals. This is a normal school day, with all students expected to be at school for the whole day. If any parents would like to catch up with me on the day, please contact the school to make an appointment.

Sporting Schools – Lawn Bowls

Grade 3-6 will undertake Lawn Bowls clinics in the next few weeks beginning next week on Wednesday March 8 at the Swan Hill Racecourse Bowling Club. The students will have 4 practice sessions in Swan Hill before selected students will attend a regional tournament against other schools at Nyah West on Thursday March 23. This should be a lot of fun and great exposure to another sport children don't always have access to. This opportunity is being paid for by a Sporting Schools Grant received by the school.



Week 4 Home Reading Award Winners: Tillie, Harley, Sommer, Oscar O, Emma, Meg, Phoenix, 2nd row - Jack S, Jack C, Poppy, Charli, Rhylee, Indie, 3^d row - Felicity, Brax & Cleo

Student Absences

Some statistics on our attendance so far this year. We have had a total of 28 absences across the school for the first 4 and a half weeks. Something to celebrate is that we have had 20 students out of 35 with perfect attendance and no days away.

Please ensure your child arrives at school before the 8.58am bell in the morning. Arriving after the bell means that students miss our daily check in, daily overview and also important learning around reading and writing. We find students can also be unsettled when they arrive during class time.

Our morning exercise before the bell is also very popular with the students and it is a great way to start the day. This begins at around 8.45am to 8.50am every morning.



Week 4 Principal Award Winner – Charli

Home Reading

Home Reading routines have been established in many homes, which is wonderful. Fourteen students were awarded a 10 night reading award on Friday, which is fantastic!

We encourage students to read aloud to an adult every week night especially in the junior and middle grades and get their reading diary signed.



Week 4 Student of the Week Award Winners: Zac, Poppy & Angus

NAPLAN

NAPLAN testing for our Grade 3 and 5 students will be conducted in a fortnight on March 15 to 17 and also during the following week if any 'catch up' tests are required. Information will go home to those families in the next week about testing.

If your child is in Grade 3 or 5 and you wish to discuss the National testing, please contact me at school.



Week 4 Maths Award Winners – Ryan, Emma & Knox.

Child safety and wellbeing at BDPS: information for families and the school community

The Victorian Government has announced new Child Safe Standards to further strengthen child safety across organisations, including schools. The new standards recognise the critical importance of families and the broader school community in maintaining and promoting child safety and wellbeing.

Beverford District Primary School has reviewed and updated our child safety policies and procedures to ensure they meet the requirements of the new standards. These are available to view on the Beverford District Primary School website at beverford.vic.edu.au and clicking on the 'School Documents' tab and selecting 'Child Safe Standards'. Alternatively these policies can be viewed at the front office.

We are committed to continuous improvement in our approach to child safety and wellbeing and welcome feedback from families and members of our school community on ways we can further strengthen our child safety policies, procedures and practices.

If you have any suggestions, comments or questions, please contact me at school or through Seesaw.



Week 3 Home Reading Award Winners: Angus, Ally, Josh, Onyx & Knox.

Policy Consultation

Reviewing and upgrading current policies and creating new policies is an ongoing process at the school. Some of these policies require School Council approval and others only require the approval of the Principal.

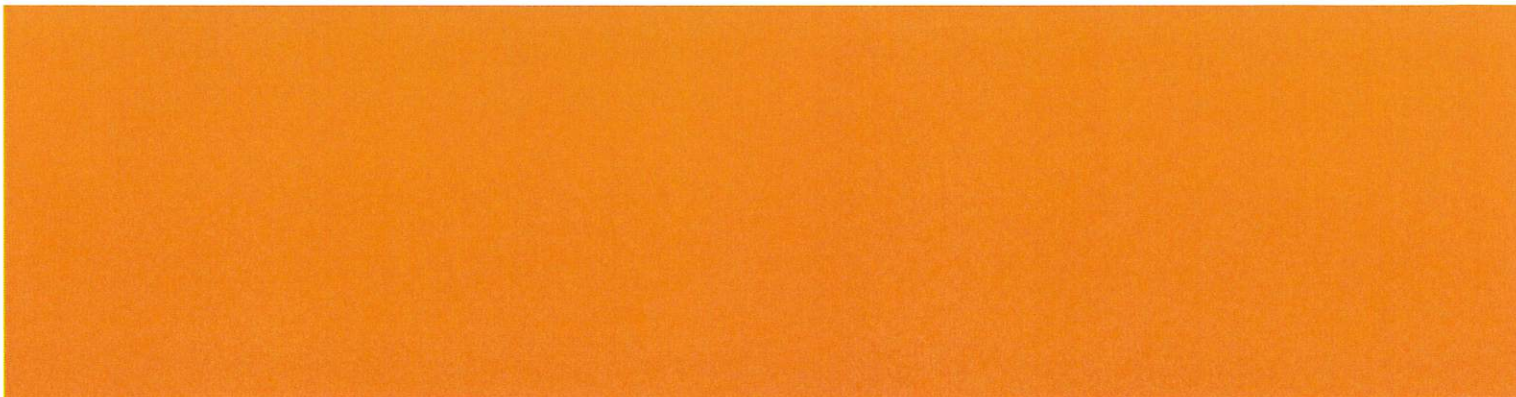
The staff at BDPS believe it is important to consult the school community about these policies, to give an opportunity for parents and carers to comment and provide feedback.

All current policies are available for viewing and feedback on the school's website. Some of these policies require updating this term. Another way for the community to view these policies and provide feedback will be at our Student Conference day on Monday March 6. The policies will be laid out in the lounge room with space for comments and feedback.

Some of these policies will also be looked at during the March Junior School Council meeting and will then be sent out to School Councilors for consultation and approval at the March 15 meeting.

If you have any queries about the process, please contact me at the school or drop in on student conference day for a chat.

INQUIRY – Community Helpers



WELLBEING

with Mrs Blackmore

TERM 1
WEEK 5

RESPECT

RESPONSIBILITY

RESILIENCE

SWPBS FOCUS

This week in wellbeing we are focusing on our School Wide Positive Behaviour Support Value of

RESPECT

In all settings we show RESPECT by...

- Speaking to others how we would want to be spoken to
- Using please and thank you
- Listening when being spoken to and following all instructions
- Answering when we are asked a question
- Using kind words and apologising when mistakes are made.

Classroom teachers will be awarding 'Student of The Week' to a student in their class who has shown outstanding RESPECT!

PEER MEDIATORS

At Beverford District Primary School All Grade 5/6 students are trained 'Peer Mediators'. Peer mediation involves two trained student mediators assisting two other students who are having trouble in the yard, through a structured process to reach a resolution. The Grade 5/6 students have refreshed their knowledge on the Peer Mediator program and are excited to get out in the yard at recess and lunch time.

ZONES OF REGULATION

This Term, all students, especially the Prep/Grade 1's will be participating in The Zones of Regulation® curriculum (or "The Zones" for short), which are lessons and activities designed by Leah Kuypers, licensed occupational therapist, to help students gain skills in the area of self-regulation. Self-regulation can go by many names, such as self-control, self management, and impulse control. It is defined as the best state of alertness of both the body and emotions for the specific situation. The lessons and learning activities are designed to help the students recognize when they are in the different zones as well as learn how to use strategies to change or stay in the zone they are in. In addition to addressing self-regulation, the students will gain an increased vocabulary of emotional terms, skills in reading other people's facial expressions, perspective about how others see and react to their behavior, insight into events that trigger their behavior, calming and alerting strategies, and problem solving skills.

We have attached a basic copy of the Zones to this newsletter so you can familiarise yourself with the language and what we will be discussing at school.

It is important to note that everyone experiences all of the zones—the Red and Yellow Zones are not the "bad" or "naughty" zones. All of the zones are expected at one time or another. The Zones of Regulation is intended to be neutral and not communicate judgment.

Feeling Blue



Sick/Unwell
Sad/Upset
Tired/Sleepy
Bored
Disappointed
Down in the Dumps

Teach THIS

I CAN TRY THESE TOOLS:



Relaxing



Talk to an Adult

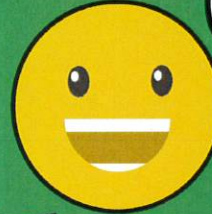


Try Deep Breathing



Listen to Music

Feeling Green



Calm
Good to Go
Happy/Cheerful
Ready to Learn
Focused
Just Right

Teach THIS

I CAN DO THESE:



Learn



Listen

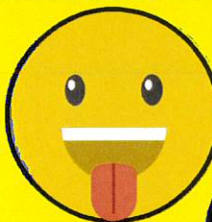


Work Hard



Positive Behaviours

Feeling Yellow



Frustrated
Worried
Silly/Wiggly
Anxious
Excited
Embarrassed

Teach THIS

I CAN TRY THESE TOOLS:



Take a Break



Get a Drink



Walk



Focus on a Small Task

Feeling Red



Out Of Control
Hitting
Yelling
Mean
Mad/Angry
Terrified

Teach THIS

I CAN TRY THESE TOOLS:



Take a Break



Try Deep Breathing



Walk or Run



Do an Enjoyable Activity