

Beverford District Primary School Newsletter

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May 11, 2022

Term 2, Week 1

What's On at BDPS?

<u>Calendar Term 2, 2022</u>	
Tues May 10 – Thurs May 12	NAPLAN Testing (Gr 3 & 5 only)
Friday May 13	Book Club due
Tuesday May 17	Mallee Zone Cross Country in Swan Hill
Wednesday May 18	School Council (members only) 7pm
Friday May 20	Lunch Orders Return
Thursday May 26	Swan Hill College Year 7 Transition
Monday May 30	PUPIL FREE DAY – Staff Professional Development
Mon May 30 – Tues May 31	Principal Conference – Melbourne (Phil away)
Thursday June 2	Gr 3-6 Winter Sports in Swan Hill P-2 Fun Day at Nyah
Monday June 13	Queen's Birthday Public Holiday
Wednesday June 15	School Council Meeting 7pm
Friday June 24	Term 2 Ends
<u>Calendar Term 3, 2022</u>	
Monday July 11	Term 3 Begins

Mother's Day

Last Friday, May 6 we celebrated Mother's Day. There was a very big crowd and it was a great opportunity for a catch up.

We would like to thank our mums, grandmothers, aunts and special friends who came to the school on Friday.

We hope everyone had a great Mother's Day on Sunday!



LUNCH ORDERS TO RETURN NEXT WEEK !!!

Principal's Report

Busy Start to Term 2!

It has been a great start to Term 2, with students settling back in very quickly. Last Monday we had 26 students compete in the **Swan Hill District Cross Country**. With very limited preparation, everyone did their best and supported each other very well. Congratulations to Oscar O'Bree and Quordel Thomas who both came third in their age groups, which was a mighty effort.

Last week we welcomed **Harley Thomson** to the Senior Classroom. Harley has settled in very quickly and we also welcome his mum Sara to our school community.

The **Peer Mediators** program began this week. Our trained Grade 5/6 students will be rostered on each week to support students in the playground.



Tillie & Lilly on their first turn as Peer Mediator

Our Grade 3 and 5 students are undertaking **NAPLAN** testing this week. All test except the Grade 3 Writing test are conducted online. Thanks to Miss Salau for coordinating the testing across the school.

Lunch Orders are returning to school next week on Friday May 20. Please keep an eye out for the menu, which will be sent out. Thanks to Stacey, Kayla and Mariah who will be coordinating the lunches for the remainder of the year.

Student absences are very high at the school. We understand it is cold and flu season, however students should only be kept at home if they are unwell. If your child is absent, please make contact with the school to inform us of the reason. We thank the parents who are currently doing this.

The school will have a **Pupil Free Day** on Monday May 30 as advertised on seesaw. Staff will be undertaking professional development on this day

There is a **School Council** Meeting for members next Wednesday May 18 at 7pm. Please let me know if you are an apology.

We congratulate the following students on their awards:

Junior Student of the Week

W1: Ally Bates

W2: Jaylee Marshall

Middle Student of the Week

W1: Ryan Burney

W2: Oscar O'Bree

Senior Student of the Week

W1: Meg Van Liessum

W2: Sommer Clarke

Principal Award

W2: leesha Chaplin

Enjoy your Week,
Thanks, Phil



Week 2 Award Winners: leesha Chaplin, Sommer Clarke & Oscar O'Bree. (Jaylee Marshall – absent)



Week 1 Senior Student of the Week Winner – Meg Van Liessum



Senior Classroom Reading Awards: Tillie, Phoenix, Breatnah & Ella.

MOTHERS DAY LUNCHEON





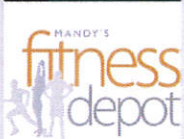
WELCOME TO THE FITNESS DEPOT....

New to Murravee,
Exclusive PT/
Group fitness studio.
Classes \$15 per
person.



Personal training
Group fitness
:boxing
:barre
:step & sculpt
:bootcamp
:butts n guts
:body harmony
:power bar
:metafit
:zoom classes

9.30AM AND
5.30PM
CLASSES
(OR PICK YOUR OWN
TIME)



CONTACT
MANDY'S FITNESS DEPOT
ON FB OR INSTAGRAM



WELLBEING

with Mrs Blackmore

TERM 2
WEEK 3

RESPECT

RESPONSIBILITY

RESILIENCE

PEER MEDIATORS

Last Friday all Grade 5/6 students were trained to become 'Peer Mediators'. Peer mediation involves two trained student mediators assisting two other students who are having trouble in the yard, through a structured process to reach a resolution. The Grade 5/6 students are excited to start the program in our school yard at recess and lunch time.

ZONES OF REGULATION

This Term, all students, especially the Prep/Grade 1's will be participating in The Zones of Regulation® curriculum (or "The Zones" for short), which are lessons and activities designed by Leah Kuypers, licensed occupational therapist, to help students gain skills in the area of self-regulation. Self-regulation can go by many names, such as self-control, self management, and impulse control. It is defined as the best state of alertness of both the body and emotions for the specific situation. The lessons and learning activities are designed to help the students recognize when they are in the different zones as well as learn how to use strategies to change or stay in the zone they are in. In addition to addressing self-regulation, the students will gain an increased vocabulary of emotional terms, skills in reading other people's facial expressions, perspective about how others see and react to their behavior, insight into events that trigger their behavior, calming and alerting strategies, and problem solving skills.

We have attached a basic copy of the Zones to this newsletter so you can familiarise yourself with the language and what we will be discussing at school.

It is important to note that everyone experiences all of the zones—the Red and Yellow Zones are not the "bad" or "naughty" zones. All of the zones are expected at one time or another. The Zones of Regulation is intended to be neutral and not communicate judgment.

WELL DONE!

Congratulations to the 4 students who received the 'School Values Award' for Term 1, Josh, Ella, Emma and Byron.

This was awarded to students who received a wrist band for every school value during the term.

Well done to the following students who have received SWPBS wrist bands over the last few weeks

RESPECT: Breannah, Emma

RESPONSIBILITY: Breannah, Sommer, Tillie, Ally, Byron, Knox, Jack, Bailie

RESILIENCE: Onyx, Knox, Jack



Zones of Regulation

My Zone

How I feel

I need to...

Red
Zone

angry furious terrified

STOP
stop

Yellow
Zone

annoyed silly worried
too excited scared

slow

Green
Zone

excited calm happy

GO!
go

Blue
Zone

tired bored hurt
sad upset

rest