

# Beverford District Primary School Newsletter

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May 15, 2024

Term 2, Week 5

## What's On at BDPS?

<u>Calendar Term 2, 2023</u>	
Wednesday May 15	School Council Meeting – 7pm
Mon May 13 to Fri May 17	Education Week
Tuesday May 21	Swan Hill College Transition (9-12)
Friday June 7	Gr. 3-6 Winter Sports in Swan Hill P-2 Fun Day at Nyah District P.S.
Monday June 10	<b>Kings Birthday Public Holiday</b>
Friday June 14 & 21	Come & Try Prep morning sessions
Wednesday June 19	School Council Meeting – 7pm
Tuesday June 25	Come & Try Prep afternoon session
Friday June 28	Term 2 Ends (2.20pm finish)
<u>Term 3, 2023</u>	
Monday July 15	Term 3 Begins



BDPS – Winners of the Swan Hill District Cross Country. Well done kids!

### PREP COME & TRY DAYS

Friday June 14 & 21 (9.00am - 10.30am)  
Tuesday June 25 (2.00pm – 3.00pm)

**Please register by contacting the school**

## Cross Country

Last Tuesday May 7 the students competed in the District Cross Country against Lake Boga, Woorinen & Swan Hill Christian School.

In beautiful weather conditions, we had 100% of our student population attend and compete. This contributed to the school being the overall winner of the event. Congratulations everyone and thank you to our parents for their support.

Well done also to our individual age group award winners; Indi – 1<sup>st</sup>, Cleo, Harrison & Ella – 2<sup>nd</sup>, Felicity & Brock – 3<sup>rd</sup>.



Byron, Jack, Onyx & Knox ready to race.

# Principal's Report

## Education Week!

We are approaching the **halfway mark** of Term 2. Our teachers are working hard with assessments in preparation for the upcoming Semester 1 reports. This week is Education Week with a focus this week on our wonderful specialist subjects, Art, STEM, AUSLAN, Sport, Music, Inquiry and MARC Van. There will be an advertisement and article in the Guardian newspaper on Friday celebrating our Specialist Programs.

On Friday May 10 we hosted a **Mother's Day Morning Tea**, which was very well attended. It was a wonderful way to say thanks to those people who are so special to us. Thank you to families who brought a plate of goodies to share, the food was delicious! We hope that everyone had an amazing Mother's Day on Sunday and were spoilt with gifts.

It was also **Do it for Dolly Day** on Friday. Students wore blue in solidarity and to raise awareness against bullying. Thanks to the Junior School Council who organised some very fun activities. It took me a little while to get the blue nail polish off my fingernails.

The **Come & Try sessions** for 2025 Prep students are coming up fast. The sessions are scheduled for 9.00am to 10.30am on Friday June 14 & 21, followed by an afternoon session at 2.00pm to 3.00pm on Tuesday June 25. Please encourage any families out there to contact the school. Our Prep numbers for next year are looking very promising, which is wonderful!

This week is **Education Week**, with the theme being Spotlight on STEM. This has coincidentally fell on the same week as we begin a six-week STEM program planned and taught by Mr. Bruce Stevens who is an outstanding STEM teacher who I have worked with in the past. Mr. Stevens will take all three classes for 45 minute to 1 hour sessions each Thursday for the remainder of Term 2.

Congratulations to the school on being the overall winner of the **District Cross Country**. Ella, Brock and Harrison represented the school in the Divisional Cross Country in Swan Hill yesterday (Tuesday May 14).

**Transition to secondary school** is in full swing. We wish Riley and Brock all the best as they prepare to head to MacKillop College or Swan Hill College next year. I recently checked in with some of our BDPS students who are in Year 7 at the College. They have settled in well, but are missing their old primary school also.

A reminder to School Councilors that there is a **School Council meeting** beginning at 7pm this evening (Wednesday May 15).

### Junior Student of the Week

W3: Skylah Notting

W4: All Preps for completing their first Cross Country

### Middle Student of the Week

W3: Ally Bates

W4: Jack Chalmers

### Senior Student of the Week

W3: Ella Spicer- Davey

W4: Riley Pakot

### Maths Awards

W3: Oscar O'Bree, Rhett Carrison & Sienna Carrison.

W4: Steff Singleton, Cleo Mason & Billie Grace

### Principal Award

W3: Knox Smith

W4: The Whole School (for 100% attendance at the Cross Country)

Enjoy your Week,  
Thanks, Phil



Week 3 Principal Award winner – Knox.



Term 2 Week 3 – Home Reading Award Winners – Ally, Poppy, Dannika, Riley & Rhett.



Week 3 Students of the Week – Ally, Ella & Skylah (absent)



Week 3 Maths Award winners – Oscar, Sienna & Rhett.



Week 4 Students of the Week – Jack, Riley & all of the Preps



Week 4 Maths Awards – Steff, Cleo & Billie Grace



Week 4 Principal's Award – The Whole School.



**DO IT FOR DOLLY DAY**

**#KIND**



**MOTHER'S DAY  
ACTIVITIES &  
MORNING TEA**



# WELLBEING

with Mrs Blackmore

TERM 2  
WEEK 5

RESPECT

RESPONSIBILITY

RESILIENCE

## 'SWPB'S

This week in wellbeing we are focusing on our School Wide Positive Behaviour Support Value of

RESPECT

On the bus we show RESPECT by...

- Listening to the bus driver and following their instructions
- Using our inside voices

Classroom teachers will be awarding 'Student of The Week' to a student in their class who has shown outstanding RESPECT

## PROBLEM SOLVING AND THE CATASTROPHE SCALE

We have been learning about problem solving and the Catastrophe Scale in Wellbeing this week

Problem-solving skills are an important part of the coping repertoire. Our wellbeing program provides a number of learning activities to develop students' problem-solving skills. The activities in the program assist students to develop their critical and creative thinking skills, and to apply them to scenarios exploring personal, social and ethical dilemmas.

The catastrophe scale is a tool that can be used to help students put things into perspective. We mark down things on the catastrophe scale that would be a 10 (extremely bad) through to a 0 (things that are good). We use the scale as a reference point for when events happen, asking students to locate where that event would be placed on the catastrophe scale. It is a fantastic tool to put things into perspective for students, especially if they're feeling anxious or if they're in the red or yellow zones.

## Catastrophe Scale Poster

### How Would I Rate My Problem?

Even though it will be tough, I will get through this.	9 - 10 Catastrophe	A natural disaster. A fire at school.
I feel angry or extremely upset.	8 Huge Problem	A serious medical emergency at school.
I am not coping. I need help to solve this.	6 - 7 Big Problem	Someone is bullying me. I'm having a tough time at home.
I will take action and solve this! I need to talk about it.	4 - 5 Medium Problem	My friend won't play with me. Someone took my book.
I can solve this myself. I can forget about it and move on.	2 - 3 Small Problem	I can't find my pencil. I lost a game.
I'm okay. I'm happy.	0-1 No Problem	I'm doing my work. My friends and I are playing nicely.

## How Big is My Problem?

5

### Emergency

You need help from an adult e.g. fire, someone needs to go to the hospital, danger etc.



4

### Gigantic problem

You can change this with a lot of help e.g. someone hurting you, hitting, bullying etc.



3

### Medium problem

You can change with some help e.g. having to work with someone you don't like, someone takes something of yours, you have to do something you don't want to do etc.



2

### Little problem

You can change with a little reminder e.g. not being first in line, not taking turns, not winning a game etc.



1

### Glitch

You can fix this yourself e.g. getting changed for PE, forgetting a favourite toy, cleaning up etc.

