

Beverford District Primary School Newsletter

20 School Road
Beverford 3590
Ph. 50376622
email: beverford.ps@education.vic.gov.au



October 25, 2023
Term 4, Week 4

What's On at BDPS?

<u>Calendar Term 4, 2023</u>	
Wednesday October 25	School Council – 7pm (online)
Friday October 27	World Teacher's Day
Monday October 30	Session 2 Health Talks
Wednesday November 1	RSL Remembrance Day Talk School Review Day 2: Fieldwork Day
Thursday November 2	School Review Day 3: Final Day
Monday November 6	Pupil Free Day
Tuesday November 7	Melbourne Cup Public Holiday
Tues Nov 14 & 21, Thurs Nov 16 & 23, Fri Nov 17 & 24	P-6 Swimming Program – Swan Hill Leisure Centre (1.45pm – 2.45pm lessons)
Friday Nov 17, 24, Dec 1 & 8	2024 Prep Transition Program
Wednesday November 22	School Council 7pm
Wednesday December 5	Swan Hill College Yr. 7 Transition Info. Night
Thursday December 6	Swan Hill College Gr. 6 to Yr. 7 Transition Day
Tuesday December 12	School Concert
Monday December 18	Pupil Free Day
Wednesday December 20	Last Day of School Year (1.20pm finish)

World Teachers Day

This Friday October 27 we celebrate World Teacher's Day. We would like to celebrate the amazing teachers we have here at Beverford District Primary School, for their skilled work in educating, inspiring and supporting our students.

On Friday, we encourage all students to come in **free dress** and **wear a wacky hat** to celebrate our wonderful teachers.

Happy
WORLD TEACHERS DAY

Let's celebrate the amazing teachers we have here at Beverford, for their skilled work in educating, inspiring and supporting our students.

Hats off to teachers this World Teachers' Day!

Free Dress Day
Friday October 27th
Theme - Wacky Hats!

PUPIL FREE DAY REMINDER

There is no school on Monday November 6 (Pupil Free) or Tuesday November 7 (Public Holiday)

Principal's Report

Cricket Stars!

Well done to our cricket stars Mia, Emma, Zac and Quordel who attended the **Divisional Sports** last Friday October 20. The students represented the small schools in combined teams.



Zac and Quordel pictured with the Swan Hill District Cricket Team.

The first day of the **school review** took place on Monday October 23. It was a great success, with the review panel validating the school's pre-evaluation and self-assessment. There will be an opportunity for parents to have input on the morning of Wednesday November 1. This is likely to be before school between 8.30am – 9.00am. This be organised early next week.

A big thank you to Kristy Summerhayes, who has been **acting principal** during my recent absence and to the staff team for taking on extra duties and responsibilities. We are very lucky to have such a strong team. I think the place runs better when I am away! I am hoping to return officially at the beginning of next week.

A reminder to school councilors, there will be a **School Council Meeting** online this evening (Wednesday October 25) at 7pm. An agenda and link to the online meeting was emailed out on Monday. I will be online in Melbourne for the meeting. If you are an apology, please respond to the email.

In **staffing news**, we would like to announce that Tamika Elford will join the teaching team in 2024. Tamika has been working as a teacher's aide in the Junior Room this year and we are very fortunate to keep her on staff as a classroom teacher. Congratulations Tamika! Our classroom structures for next year will be organised in the coming weeks.

We congratulate the following students on their recent awards:

Junior Student of the Week

W2: Ally Bates
W3: Mikayla KG

Middle Student of the Week

W2: Ryan Burney
W3: Oscar O'Bree

Senior Student of the Week

W2: Phoenix Moloney
W3: Lilly Thompson

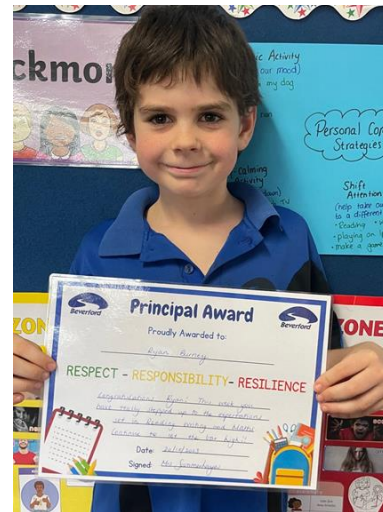
Maths Awards

W2: Byron Rodwell, Baillie Riordan & Mia Rodwell
W3: Charli Duffy, Rhylee Wall, Quordel Thomas,

Principal Award

W2: Brycen Lunn
W3: Ryan Burney

Enjoy your Week,
Thanks, Phil



Congratulations Ryan – Week 3 Principal's Award!



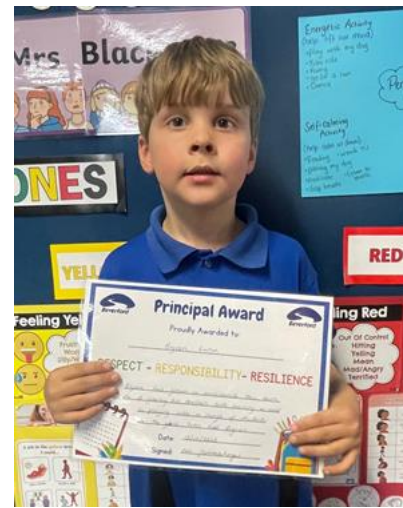
Mia and Emma pictured with the Swan Hill District Cricket team.



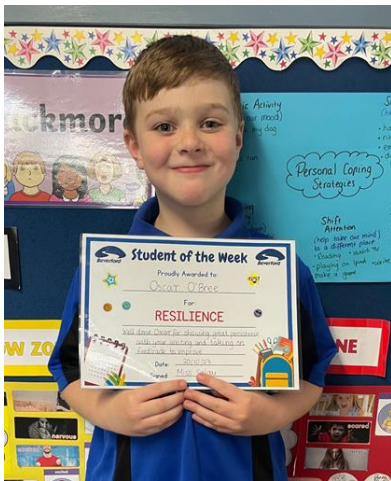
Week 2 Student of the Week Award winners: Ally, Phoenix & Ryan.



Week 2 Home Reading Awards: Phoenix, Angus & Brax.



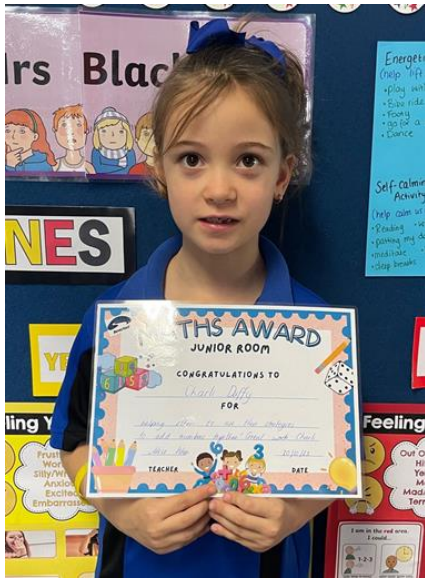
Week 2 Principal's Award Winner: Byron Lunn



Week 3 Student of the Week: Oscar



Week 2 Maths Award Winners: Bailee, Mia & Byron.



Week 3 Maths Award Winner: Charli.



Week 3 Reading Awards: Jack C, Jack S, Rhett & Brycen.



Happy

WORLD TEACHERS DAY



Let's celebrate the amazing teachers we have here at Beverford, for their skilled work in educating, inspiring and supporting our students.

Hats off to teachers this World Teachers' Day!



Free Dress Day
Friday October 27th
Theme - Wacky Hats!



WELLBEING

with Mrs Blackmore

TERM 4
WEEK 4

RESPECT

RESPONSIBILITY

RESILIENCE

'SWPBS'

This week in wellbeing we are focusing on our School Wide Positive Behaviour Support Value of

RESPECT

When on excursions we show RESPECT by...

- listening to all teachers, parents and volunteers
- following instructions
- using our manners.
- only touching what we are allowed to

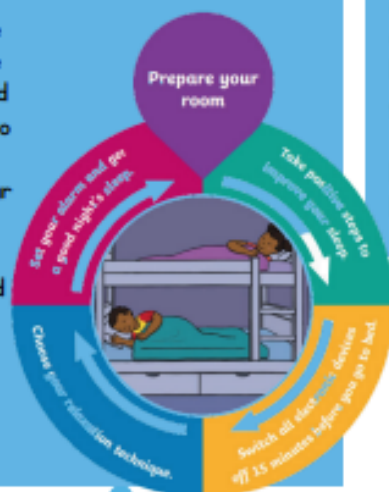
Classroom teachers will be awarding 'Student of The Week' to a student in their class who has shown outstanding RESPECT

RESILIENCE
RIGHTS &
RESPECTFUL
RELATIONSHIPS

MHiPS
Mental Health in Primary Schools

'SLEEP'

We are coming into what some people describe as the "Silly or Crazy Season". Life is busy this time of year and at school we are beginning to notice a lot of yawns and tired eyes from many of our students. A good night's sleep is essential to feeling good, being able to learn and staying healthy. A lack of sleep can make you feel poorly, unable to learn and not want to go out with your friends and family.



FIVE REASONS TO GET A GOOD NIGHT'S SLEEP

On average, we spend a third of our life asleep, so it must be important! Did you know that your brain works nearly as much when you're asleep as when you're awake? If you want your brain to work as well as possible, you need a good night's sleep. Here are five things your brain does whilst you are asleep.

1 It Creates Memories. Whilst you're asleep and blissfully unaware of what is going on, your brain is forming new memories from new information picked up during the day, linking the most recent events with older ones. If you don't sleep, your ability to remember things can fall by as much as 40%.

2 It Makes Creative Connections. Whilst you are snoozing, the brain is hard at work making connections that it doesn't do whilst you're awake - so you could well suddenly come up with a solution to a problem as soon as you wake up!

3 It Clears Out All the Rubbish. An important function of sleep is to get rid of all the toxins in our brain, which means it will be fresh and raring to go after a good night's sleep.

4 It Makes Decisions. Your brain is processing information and preparing for action all through your sleep - you'll wake up refreshed and everything you were thinking about the day before will be mostly consolidated.

5 It Learns and Remembers How to Do Tasks. The brain stores information into the long term memory whilst you are asleep - this is particularly with physical tasks like learning a new dance or improving your tennis playing. All good stuff!

Make sure that you get a good night's sleep so that your brain can work hard!

